

Relationships and private stuff

Counselling and workshops to support people develop meaningful relationships and a positive awareness of their sexuality.

Liz Dore

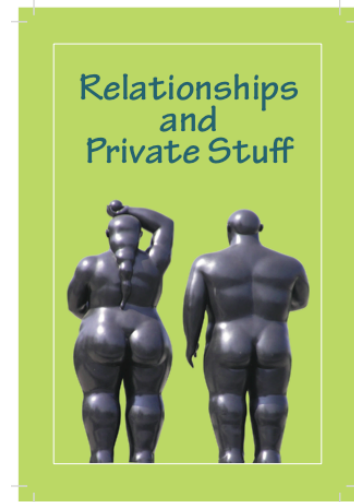
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Recommended Resources

Teach A Bodies Anatomically Correct Instructional Dolls which help break down barriers when communicating with young people. Available through internet order from USA. www.teach-a-bodies.com (approx. \$240 for 2)

Special Girls' Business

For children with special needs. It support parents in teaching the changes experienced at puberty. Large format full colour illustrations and clear text to take girls and boys through the process of managing the changes to their body. Angelo, Pritchard and Stewart **FPNSW Healthrites \$39.95**

Special Boys' Business

Masturbation Book for males

This easy reading book has been especially designed to help men or women with an intellectual disability, staff and families, with issues around masturbation. It includes an illustrated story. **FPNSW Healthrites \$14.95**

Masturbation Book for females

New Guide to Relationships and Sex

DVD's for general relationships and sex education with young people with learning difficulties and/or with ASD www.lifesupportproductions.co.uk

Kylie & Jason's Private World

Relationships Skills - a photo resource to support counsellors, carers and trainers in discussions with and education of people with disability. The kit includes 18 relationships photo cards (size A5) and a supporting booklet with activity suggestions. To be produced towards the end of 2010. Email lizdore@bigpond.com if you would like to be notified when the resource is available. \

The Human Body – DVD A doco about the body and changes from birth to death including scientific explanations for changes and personal interviews. Informative segments on puberty, conception, pregnancy and child birth. Ideal for young people with Aspergers. BBC production, presented by Robert Winston, sold in ABC shops.

Asperger's Syndrome and Sexuality A guide to negotiating sexual and relationship issues for people with Asperger Syndrome. Provides practical information and advice on puberty and sexual development, maintaining sexual boundaries, couple's therapy and guidelines for sex ed. programs. **Author** Isabelle Henault **\$42.95**

Relationships and private stuff - Recommended Resources

Love & Kisses/ the DVD Featuring people with disabilities. Personal stories are told through drama and interviews, and reveal the joys and heartbreak of love, sex and relationships. Provides information and notes **Author** FPNSW **Cost** \$49.95

The Looking After Me Resources Kit (Yr 10 +) assists women with an intellectual disability to learn about healthy relationships & what constitutes abuse in a relationship. Kit can be downloaded www.ngo.net.au/lookingafterme

Supporting People with Disabilities coping with Grief and Loss

An easy-to-read booklet HREPSIME GULBENKOGLU 2007 for clients and carers who support people with disabilities to deal with grief and loss. Published by Scope (Vic) Ltd, 830 Whitehorse Road, Box Hill 3128

Secret Agent Society Computer Game A Macintosh or Microsoft compatible computer game that teaches social skills. Ideal for teenagers with ASD. **\$220** Social Skills Training Institute. Email orders@sst-institute.net Phone (07) 3720 1010.

Asperger Demerger "Recognition of Aspergers' saw ignorance replaced by enlightenment" An autobiography by Richard Lewis. \$25.70 incl postage. Mark Campbells Bookstore Ph: 07 4638 2030 sales@mackcampbells.com

Look Me in the Eye My life with Asperger's. An autobiography by John Elder Robinson a musical engineer for Kiss and brother of author Augusten Burroughs. Available in many regular bookstores.

DVD's featuring characters with Asperger's include **Adam** and **Mozart and the whale**

Services, information and disability resources

PWD People With Disability 1800 422 015 www.pwd.org.au

CID Council for Intellectual Disability 1800 424 065 www.cid.org.au

MDAA Multicultural Disability Advocacy NSW 1800 629 072 www.mdaa.org.au

DSA Down Syndrome Association NSW 9841 4444 www.dsansw.org.au

Aspect Autism Spectrum Aust 1800 069 978 www.aspect.org.au

ASPIA supports partners of people with Aspergers www.aspia.org.au

IDEAS Information Disability Education Awareness 1800 029 904 www.ideas.org.au

IDRS Intellectual Disability Rights Service 1800 666 611 www.idrs.org.au

CJSN Criminal Justice Support Network 1300 665 908

Carers NSW 1800 242 636 www.carersnsw.asn.au

Family Planning NSW 8752 4300 www.fpnsw.org.au

Healthline 1300 658 886 Healthrites Bookshop 8752 4307 Library 8752 4386