

Liz Dore

Employment History

February 2002 – present

Relationships and Private Stuff (previously Liz Dore Relationships and Sexuality Counselling)

Providing relationships and sexuality counselling and education for people with disability. Experience includes:

1. Individual and couples counselling and education

- Assessing the relationship and sexuality knowledge of individuals
- Counselling survivors of sexual assault
- Education and counselling of offenders with disability
- Consultations with relatives and support staff
- Recommending strategies, resources and services

2. Training program design and presentation of workshops

- **Friendship and Dating Skills**
- **Teenage/Adult Relationships and Private Stuff**
- **Sex Education in schools** - PDHPE Lifeskills
- **Parent workshops** - Teenage/Adult Relationships and Private Stuff
- **Train the Trainer** – Friendship and Dating Skills (for support staff).

August 2005 – 2008

Senior Health Promotion Officer, Family Planning NSW (3 days)

Contributed to the improvement of the sexual and reproductive health of people with disability. Experience in health promotion and competency-based training and accreditation procedures. Achievements included:

Development and delivery of Health Promotion projects including:

- Managing review and reprinting of the book **Masturbation for Males**
- **Love and Kisses** DVD interviews (disability advisor and production assistant).

Providing in-house training and advice to medical professionals regarding disability issues including:

- **Sexuality and Life Span Issues for People with a Disability**

Reviewing, delivering and evaluating VETAB accredited courses to disability service providers:

- **Issues in Sexuality and Disability**
- **Program Planning**

Designing and/or presenting disability training for teachers and service providers:

- **Responding to Sexual Assault**
- **Relationships and Sexuality Life Skills**
- **Sex, Safe and Fun**

“Liz is a skilled educator who has high level of interpersonal skills. This is particularly important when working in the sensitive area of sexual and reproductive health. She uses a range of strategies to create a supportive learning environment that meets the diverse needs of learners. She encourages practice and active learning by clearly describing tasks, demonstrating techniques. She monitors participants’ acquisition of new skills and knowledge through strategies such as quizzes, participant demonstrations and presentations. She provides clear and sensitive feedback.”

January 2004 – July 2005

Community Educator, Intellectual Disability Rights Service (part time)

IDRS provides legal advice, education and resources to people with intellectual disabilities and to those supporting their rights. Experience includes:

- Educating police and other professionals in effective methods of communication
- Conducting legal rights/duty of care training
- Leading groups for people with intellectual disabilities on their rights
- Developing training programs and resources

1997 – 2004

Lifestyle Options Coordinator, Ability Options (job share)

Lifestyle Options provides support and training to over 50 people with disability living in the community. Experience includes:

- Implementing systems to monitor and record individual's leisure and friendship goals, support needs, training requirements, progress and outcomes
- Recording program objectives, strategies and outcomes
- Managing and providing supervision to staff
- Counselling individuals and couples with relationship and sexuality issues
- Design and implementation of relationships and sexuality programs
- Managing reports and follow up of sexual assault

1994 - 1997

Working Options Coordinator, Ability Options (job share)

Working Options, supports and provides training to people with intellectual disabilities employed in a small business. Experience includes

- Designing and implementing service transition plan
- Developing policies, procedures and Working Options' service manual
- Coordinating employee Individual Employment Plan's and on site job training
- Managing Trainers and advocating for employees.

1993 - 1994

Resource Support Teacher, St Bridget Primary, Coogee

1992

Teacher - Mt Druitt College of TAFE

Conducted Training and Co-ordination in Disability Services course

1991

Trainer - Macquarie Employment Training Service

1988 – 1990

Social Educator & Integration Officer, AAISH

1987

School Teacher, St Brendans Primary, Annandale

1986

School Teacher, Bomana High School, PNG